

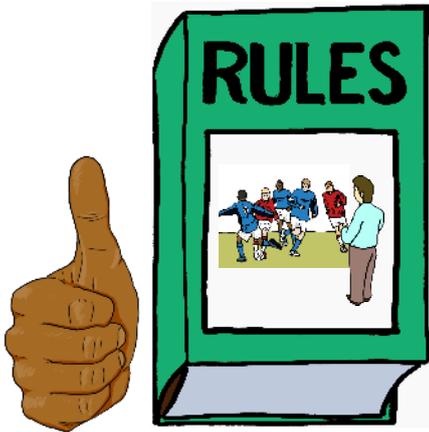


2.3 Extra information for Parents and Carers - Rules

Parents or carers have a key job in supporting their child (the athlete) in sport

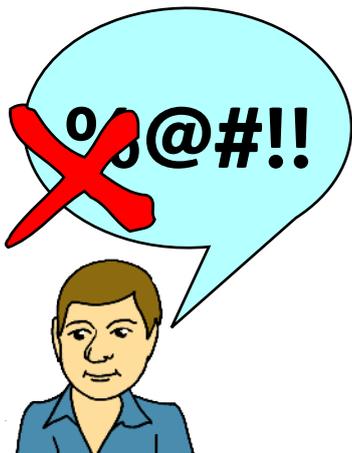


EasyRead version



Disability Sport Wales would like to thank you for all the work you do.

Here are the main rules you have to follow if you are a parent or carer of an athlete.



1. Main points

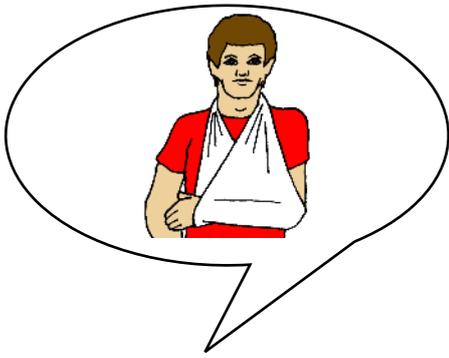
- you must not swear or be rude to anyone when you are supporting your child.



- parents and carers must work with the coach



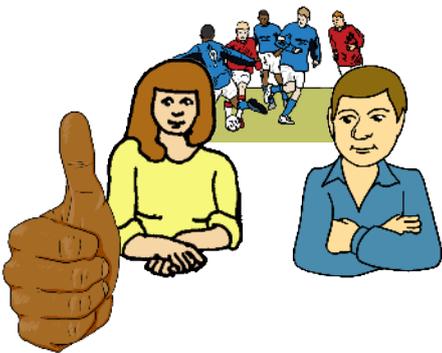
- you must let the coach know if the athlete cannot turn up



- you must tell the coach if the athlete has been hurt



- you must help athletes respect the other team or player, and the people who are making sure the rules are followed.

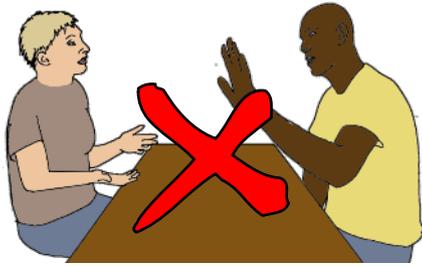


2. Respect

- you should respect the work that coaches do



- if anyone wants to complain it must be done in a proper way.



3.Safety

- you should not argue with the coach



- the coach is the person to tell athletes how to do the sport, not the you as the parent or carer.



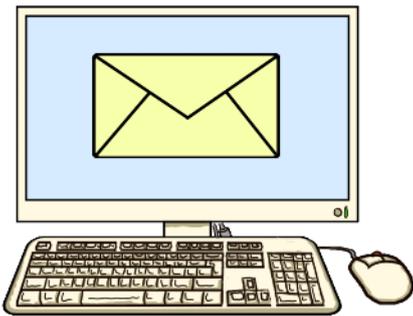
4.Being equal and fair

- you must be fair to all the other athletes and coaches
- you must treat everyone equally.



5. Phones and internet

- the coaches who train the athletes are not allowed to contact them by text, or the internet without asking you if it is ok first



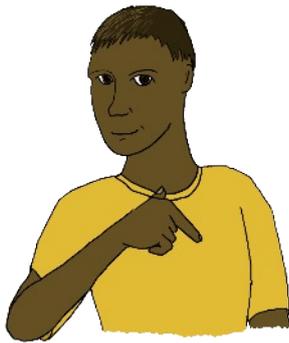
- contacting coaches by email can be agreed by Disability Sport Wales if seen as important



- make sure you must keep an eye on the emails and check that you are happy with them.



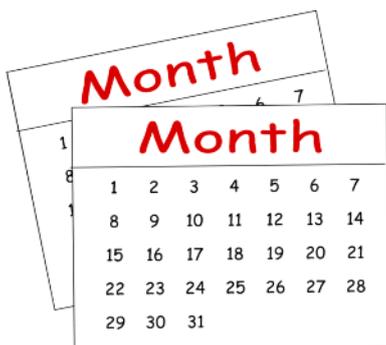
I agree to keep to these rules when supporting sport with Disability Sport Wales as a parent or carer. I know if I break the rules I may be asked to leave.



Name (please print):



Sport:



Date:



Signature: