

**Easy Read**

# Volunteering in Sport

## Information sheet



**August 2026**

# About this document



This is an Easy Read version of: **Participant Information Sheet - Disabled Peoples Barriers and Facilitators to Volunteering.**



Where the document says **we**, this means:

- **Cardiff Met University**
- **Swansea University**
- **Disability Sport Wales**
- **Welsh Institute of Physical Activity, Health and Sport**



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# About this research



We are **Welsh Institute of Physical Activity, Health and Sport**.



We are working with Cardiff Met University, Swansea University and Disability Sport Wales.



We want to find out what volunteering in sport is like for disabled people.



Before you choose to take part, please read this information sheet.

# Aim of this research

We want to understand:



- what encourages disabled people to volunteer in sport,



- and what stops them.



We will use what we learn to help improve volunteering for disabled people.



If you choose to take part, you will help us do this. You can share your views and experiences.

# Who is doing this research



We are a team of researchers from:

- Swansea University
- Cardiff Metropolitan University
- Welsh Institute of Physical Activity, Health and Sport



This research is part of a bigger project with Disability Sport Wales and Press Red.



Only the research team will see your personal information. But we will share what we learn with the bigger project.



# What happens if you take part



You will be asked to do an online survey. It will take about 15 minutes.



The survey asks questions about your experiences of volunteering.



There are some questions about you and your background. Like age and where you live.



This helps us understand the experiences different people have.

# Risks



We do **not** think there are any risks to taking part.

You may need to think about:



- personal experiences



- issues that you have had when volunteering.



You can stop doing the survey at any time.



# Keeping your information private



We will follow the laws for keeping information safe and private.



Only the research team will see your personal information and answers.



Information on computers is kept in a password protected file.



Information on paper is kept in a locked filing cabinet.



We will remove your name from your survey answers at the end of the research. When we have studied all the answers.



After this, we will not know which answers belong to who.



Because of this, we will not be able to remove your information later.



Please tell us straight away if you change your mind about taking part.

# What we do with your information



We will study all the survey answers.



We will put what we learn in a report. We may also use what we learn in presentations and other media.



Your name will not be included in any reports or presentations.

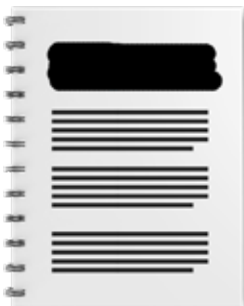
# Changing your mind about taking part



It is your choice whether to take part or not.



If you choose to take part and then change your mind, that is fine. You do not need to give us a reason.



When we have removed your name from your answers, we will not be able to remove them from the research.



You need to tell us straight away if you change your mind.

# Data protection



Swansea University is responsible for making sure all your information is kept safely.



We will only use your information to help us understand what volunteering in sport is like for disabled people.



You will need to sign a consent form to say we are allowed to use your survey answers.



This is an online form. We can give you a paper form if you prefer.



We will keep the information from this research for at least 10 years. We may keep it longer if it is important for future work.

# Your rights



You have the right to:



- See your personal information.

- Ask us to stop collecting, storing, or using your personal information.



- Make us change any mistakes in the information.

- Ask us to delete the information we have about you in some cases.



- Move the information about you somewhere else in some cases.





If you would like to know more about how your information is kept and used, please contact us at:

University Compliance Officer (FOI/DP)  
Vice-Chancellor's Office  
Swansea University  
Singleton Park  
Swansea  
SA2 8PP



**Email:** [dataprotection@swansea.ac.uk](mailto:dataprotection@swansea.ac.uk)



If you are unhappy with how we keep and use your information, you can contact the Information Commissioner's Office:

Wycliffe House  
Water Lane  
Wilmslow  
Cheshire  
SK9 5AF



**Phone:** 01625 545745 or 0303 123 1113

**Website:** [ico.org.uk](http://ico.org.uk)

# Further questions



If you have more questions about this research, contact us any time:



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Hawdd ei Ddeall Cymru  
**Easy Read Wales**

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