

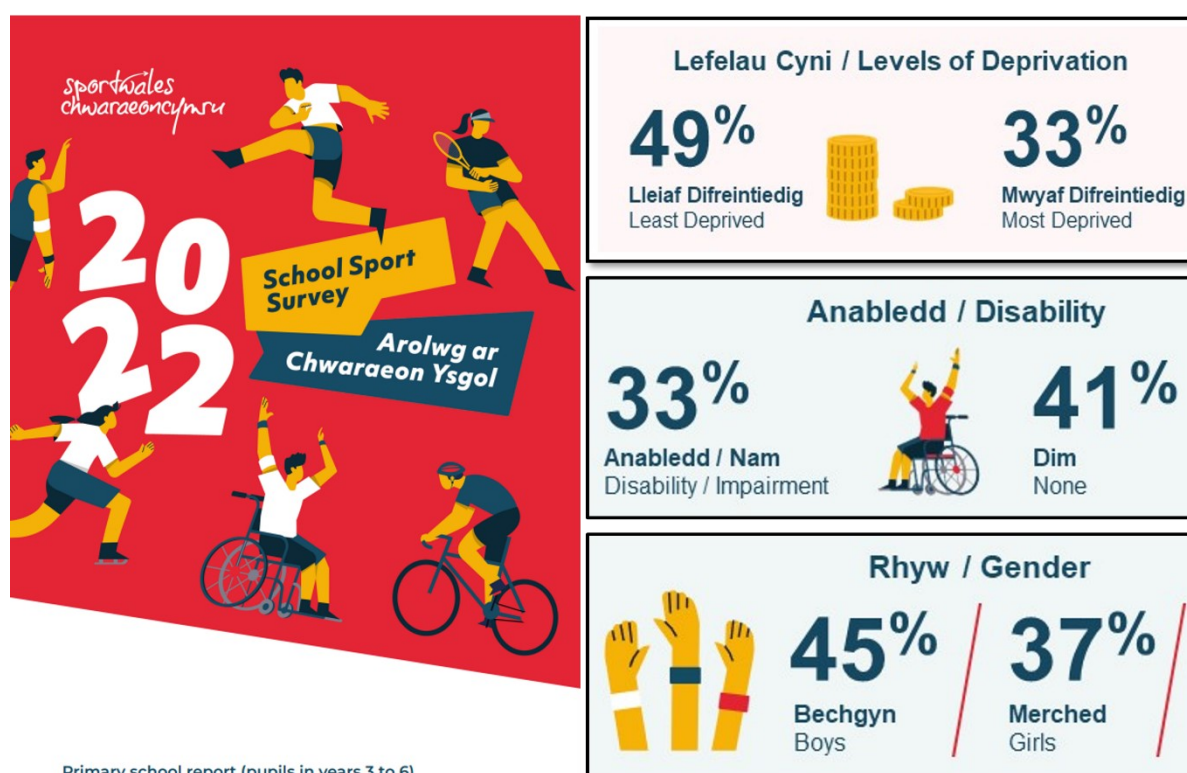
**** Inclusive Carmarthenshire****

Within Carmarthenshire, a development in a programme is starting to create a change in community provision of sports and physical activity for children and young people in our county!

The changes to ensuring that all aspects of programmes have an educational element of inclusive provision aims to address the pressing concern revealed by the latest Sport Wales 'School Sports Survey' through providing education, opportunity, and community provision.

The data from this survey shows an imbalance in inequalities related to disabilities and shows a significant decline in the physical activity levels of children and young people across Carmarthenshire.

The survey also highlights the need for urgent action.



Primary school report (pupils in years 3 to 6)

Working in partnership with Disability Sport Wales, Actif ran an InSport Series event at Amman Valley Leisure Centre. Engaging with a range of National Governing Bodies of Sports (NGB's) and Community Clubs for example Scarlets, Basketball Wales and Table Tennis Wales to provide a range of opportunities to young people with a disability. The purpose to sign post and educate young people and parents to the opportunities available to them within the community.

The driving force behind the Carmarthenshire Sports Network is the belief that no single organization can tackle these challenges alone. Despite the presence of remarkable programs, knowledgeable staff, and attractive resources, the scale of the problem necessitates a collaborative approach. By working together, partners can maximize their impact, reaching the right people in the right places at the right time.

The barriers to participation have been knowledge of opportunities available, cost and price of opportunities along with the timings of such activity. Therefore, by providing variety of information and opportunities for parents and young people to share their individual barriers this allows organisations to plan and provide more accessible provision. As a result, Scarlets have provided a ICC sessions from Amman Valley Leisure Centre as seen below following the InSport Series which has seen 15 pupils attend.



INCLUSIVE COMMUNITY CLUB



Scarlets Community Foundation

Scarlets Community Foundation

AGES 6-16

THURSDAY 22ND FEBRUARY 4-5PM

YSGOL DYFFRYN AMAN (SPORTS HALL)

CONTACT - DANNIKA@SCARLETS.WALES

Additionally, to provide accessible provision for young people with impairments was the education of young people without impairments. Through the Actif Communities programmes such as Young Ambassadors and Leadership, 39 young leaders from 3 secondary schools and 55 Bronze Young Ambassadors from 17 primary schools attended a Mini Disability Inclusion Workshop prior to the Insport series with 22 of whom attended the Insport series as volunteers ensuring the day was a positive experience for all.

Please see the below a link to a video that captures the leaders at the insport series in Amman Valley.

[Rhaglen Arwenyddiaeth Actif | Actif leadership programme \(youtube.com\)](#)

In the future we are developing opportunities for Neuro Development (ND) with an Athletics opportunity planned for the Easter and Summer holidays.

For more information, please contact Lyn Brodrick, Actif Young People Officer, Actif Sport and Leisure / LBrodrick@carmarthenshire.gov.uk / 07785593283