



Disability Sport Wales

Toyota Parasport Fund in Wales Report 2020-21



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Background

Aim

We want everyone to discover the benefits of a more active lifestyle: meeting friends, building confidence and becoming more physically fit, whilst supporting mental wellbeing.

Background

Toyota are working in partnership with ParalympicsGB to support the development of the inclusive sports clubs across the UK.

In Wales, in partnership with Disability Sport Wales and Sport Wales, Toyota are providing resources for clubs working towards one of the Standards of insport Club to access FREE inclusive education and training.

This collaborative approach ensures that clubs volunteers across Wales are supported to thrive and to keep developing their inclusive offer to disabled children, young people and adults.



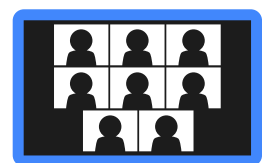
Application

Building upon the previous success of the Toyota Parasport Fund in Wales, the 2020-21 provided further free to access workshops across Wales. These workshops were selected to complement the insport Club programme and ensure clubs in Wales are best supported to deliver quality inclusive opportunities across Wales.

These courses included:

- UK Disability Inclusion Training
- Autism Awareness
- Mental Health Awareness
- Adults at Risk Training
- Guidance for Inclusive Marketing

Due to the Covid-19 pandemic, these courses were delivered using a digital classroom environment created through the use of the online video conferencing platform Zoom, following a registration process using Eventbrite.



Key Outputs

Overall, the courses were well received and had a beneficial impact on those who attended.

95% of the learners described the course content as useful.

A breakdown of the number of courses delivered and numbers attended:

| | Number of courses | Number of registrations | Number of attendees |
|---|----------------------|-----------------------------|-------------------------|
| UK Disability Inclusion Training (UK DIT) | 13 | 211 | 170 |
| Adults at Risk Training | 7 | 100 | 76 |
| Autism Awareness Training | 7 | 108 | 74 |
| Mental Health Awareness Training | 8 | 114 | 112 |
| Guidance for Inclusive Marketing | 5 | 70 | 66 |
| | 40 courses | 603 registrations | 498 attendees |



44 additional clubs have since engaged with the insport programme

Courses

UK Disability Inclusion Training (UK DIT)

The overall aim of the workshop was to ensure that disabled people get great quality coaching and opportunity within your sport.

The delivery within the digital classroom environment was a two-hour condensed version of the six-hour face-to-face delivery.

It provided an introduction to the Activity Inclusion Model (AIM) and the STEP model which are used to create an inclusive and fun environment for all participants. Within the course there was also the opportunity for discussion on applying these models to the learners specific sporting environment.

Adults at Risk Training

Delivered by The Ann Craft Trust, the three-hour course aimed to provide awareness of safeguarding adults at risk in sport and activity for anyone within a sport or activity environment.

Training was tailored to support sports clubs in Wales.

ann craft trust
acting against abuse

Autism Awareness Training

The Autism Awareness Training workshop aimed to increase knowledge and awareness of the needs of individuals with autism, and how to support children and adults with autism access sport and leisure activities

The Autism Awareness Training helped to broaden learners understanding of Autism and combined with the UK Disability Inclusion Training course it has created more inclusive sporting environments. There has been further interest in this course beyond the delivery with some National Governing Bodies booking in further sessions to upskill their specific coaches.



Mental Health Awareness

Mental Health awareness is essential to equip people with the tools, understanding, and confidence to deal with all kinds of mental ill-health and wellbeing.

Given the current climate in the UK surrounding mental health, the likelihood of encountering issues both personally, and professionally is almost guaranteed.



in the Vale
of Glamorgan

Guidance for Inclusive Marketing

The Guidance for Inclusive Marketing workshop, a new course for 2020-21, aimed to increase knowledge and awareness of best practice around the inclusive marketing of sport and physical activity. There were the following key outcomes;

- Apply inclusive practice into marketing and communication
- An awareness of inclusive communication and how to engage and motivate all individuals
- Identify sources of reliable further information and guidance relevant to accessible formats



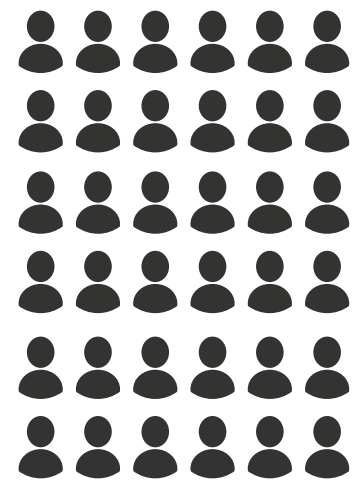
Course Evaluation

Following the delivery of all the courses, a survey was sent out to all those learners who attended to gain their feedback and carry out an evaluation of the courses.

The survey was completed by a total of 78 learners, and 73% of these said they would recommend the courses to other coaches or volunteers.

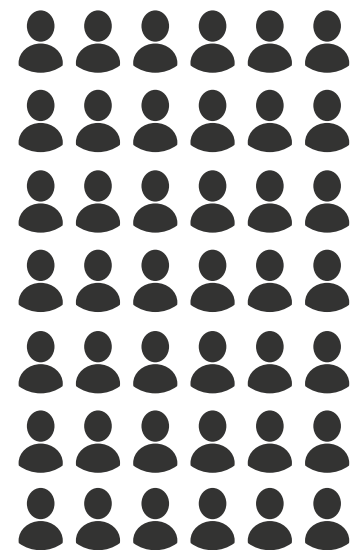
A breakdown of the courses attended by those who completed the evaluation survey:

| | Course attendances by learners who completed the survey |
|---|---|
| UK Disability Inclusion Training (UK DIT) | 44 |
| Adults at Risk Training | 25 |
| ASDinfoWales Autism Awareness Training | 25 |
| Mental Health Awareness Training | 29 |
| Guidance for Inclusive Marketing | 27 |
| <p>150 course experiences captured from 78 unique learners</p> | |



78

learners completed the evaluation



Learner Reception



83%

felt they gained
knowledge



85%

said the content was
relevant to them



96%

said their tutor
was friendly

Due to the Covid-19 pandemic, all courses were delivered virtually using the Zoom platform. Delivering courses using this platform was a new approach for Disability Sport Wales, but there were advantages to delivering using this method. For instance, it made courses easier for people to access, they were able to fit them in around the demands of everyday life, and everyone was able to stay safe while continuing their learning during the Covid-19 pandemic.



89%

found that the time
was appropriate to fit
alongside day-to-day life



92%

said that the digital
classroom made it
easy to attend



93%

said they would
attend future digital
classroom sessions

Great courses, great teachers.

Yn ein sefydliad ni, mae'n hanfodol ein bod yn cael mynediad i amryw o weithdai trwy gydol y flwyddyn, er mwyn galluogi ein dysgwyr a staff i weithio'n gynhwysol, ac i drafod materion pwysig, i creu sector cynhwysol. O ganlyniad o fynychu'r gweithdai yma trwy 'Chwaraeon Anabledd Cymru', maent wedi cael effaith cadarnhaol ar ein dysgwyr, ac wedi helpu nhw i ddefnyddio'r wybodaeth maent wedi dysgu, allan yn y campau. Os fydd cynllun tebyg yn digwydd yn y dyfodol, fyddwn bendant gyda diddordeb o roi'r cyfleoedd yma i ein prentisiaid eto.

In our organisation, it is essential that we access a variety of workshops throughout the year, to enable our learners and staff to continually develop and work to create an inclusive sector. As a result of attending the workshops provided by Disability Sport Wales and the Toyota Para Sport Fund has had a positive impact on our learners - helping them develop their knowledge and apply what they have learned in their sport. If a similar scheme happens in the future, I would definitely be interested in giving these opportunities to future apprentices.

— Ffion Evans, Urdd Gobaith Cymru

Cydlynnydd Prentisiaethau Cenedlaethol / National Apprenticeships Coordinator

The course had great ideas! Was definitely worth attending. I really enjoyed.

Well delivered and useful, clear, concise info- thanks.

Thank you for the training you provided. Not only were you clear and concise in delivering it but I found it really helpful, a great reminder about what I had previously learnt but also on the parts that I had either forgotten or not so confident about which helped me understand and at the end of the session felt it boosted my confidence going forward.

— Heather Lewis, Sports Chaplaincy UK

Support Lead in Wales including Disability Sport & Pastoral Care for Women in Wales

Executive Summary and Future Developments

Overall, the courses were a huge success with the majority of them selling out really quickly. The feedback from those who completed the evaluation form was very positive and although the Digital Classroom method of delivery was a new approach for Disability Sport Wales this appeared to have been a great tool to enhance learning, plus improve the accessibility of the courses.

Based upon the successful delivery of the Disability Sport Wales courses and the evaluation, future programmes will be expanded to create multiple levels for different abilities of learner. These different levels will be spread across a three-tiered system. This three-tiered system means that we can combine the fantastic learning that took place from the digital classroom format of delivery and combine it with the benefits of practical face-to-face sessions, such as practical examples of applied delivery. Therefore, we look forward to working with Toyota as this delivery expands in to the new three-tiered system.



sportwales
chwaraeoncymru

With thanks to our key partners

ann craft trust
acting against abuse

