

The Wales Alliance for Physical Activity (including sport) for People with Learning Disabilities

Summary

Thanks to support from the National Lottery the Wales Alliance for Physical Activity (including sport) for People with Learning Disabilities ("The Alliance") was established in May 2023. The mission of the alliance is to make Wales the best country for people with a learning disability to take part in physical activity (including sport) with whom they want, when they want and where they want."

Background

The Wales Alliance for Physical Activity (including sport) for People with Learning Disabilities ("The Alliance") was established in May 2023 by agreement of the members identified below.

"The Alliance" Members:

All Wales Forum of Parents and Carers of People with Learning Disabilities	All Wales Special Schools and Colleges Association
Association of Directors of Social Services Cymru	National Autistic Society
Disability Sport Wales	Downs Syndrome Association
Learning Disability Wales	Leonard Cheshire Wales
Mencap Cymru	Public Health Wales
Regional Sports Partnerships	Special Olympics Wales
SportsExcel UK	Welsh Sports Association

"Our mission is to make Wales the best country for people with a learning disability to take part in physical activity (including sport) with whom they want, when they want and where they want."

The purpose of the Alliance is to provide a forum through which members can enrich and enable the lives of people with intellectual impairment through the co-ordination, promotion, and provision of opportunities to participate, compete and progress in physical activity (including sport). It has been formed in response to a changing landscape within Wales and the need to ensure that interested partners are able to work in a more united, collaborative and connected manner.



Approach

The Alliance will seek to add value to the physical activity (including sport) system by:

- Acting as an All-Wales Strategic Advisory and co-ordinating body
- Being recognised as the Lead Advocacy Body in Wales for people with learning disabilities in physical activity (including sport)
- Leading with integrity, using the guiding principles of equity and equality at its core
- Being person-centric and a listening body
- Simplifying communications between member and delivery organisations
- Generating & sharing resources
- Leading joint education programmes
- Providing insight & knowledge to Members
- Creating evaluation and impact frameworks
- Developing a progressive and sustainable approach to physical activity (including sport) programmes for people with intellectual impairment
- Supporting athlete / competitor pathways through to e.g., Special Olympic Wales /
- Special Olympics GB / Special Olympics (world) and SportExcel UK including Virtus & International Paralympic Committee events
- Celebrating success and good practice at all levels

Contact

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