

## More Awards for Mencap Môn?

Mencap Môn was established 60 years ago by a group of parents determined to improve the lives of people with Learning Disabilities on the Island. In 2015 the Mencap Môn Hub was established and later benefited with a full refurb in 2022 as they launched Ffiws with 3D Printing, Design and Technology as well as supporting pathways to voluntary work and employment for their 98 disabled members.

### Mencap Môn Programmes:

Their programmes have a full focus on health and wellbeing with a vast programme of activities, comprising of:

- Football
- Drama
- Cycling
- Swimming
- Arts and Crafts
- Pool Night
- Bingo
- Quiz's
- Residential away days
- Croquet
- Discos
- Ballroom Dancing
- Nightclub nights
- Café Work – Holyhead Library



*Photo of Mencap Môn receiving equipment from DSW as the winners of the National Snapshot Survey March 2026. They will also be provided with a UK DIT Level 3 Education and Training Course.*

### **Strictly Dawnsio Gogledd:**

*As well as providing a fully established sports programme for over 25 years, Mencap Môn have been regular participants in the Strictly Wales competition over the years, but more recently have been the collaborative partner with Llwybrau Llesiant in Gwynedd, Conwy Connect and STAND to host a Northwest Wales event at Venue Cymru hosted by Colin Jackson (CBE) and captured on [this video: Dawnsio Gogledd Cymru Subtitled.mp4 - Google Drive](#)*

*The developments have formed the Dawns Gogledd Cymru network, starting small over the years to having 300+ people with learning disabilities attending Venue Cymru and having a profound positive impact across the region...*

## Wider Projects:

Mencap Môn have also strived to build relationships with Canolfan Y Bont ALN school in Llangefni providing a transitional programme for young disabled people 11-19 to transition into future members when they leave education. They are also in touch with a range of day services, collaborate with Llangefni Football Club, Môn Actif and with the wider community.

## Melin y Graig Project and Funding:

Following a Melin Y Graig consultation funding has been received from the Architectural Heritage Fund to carry out a feasibility study to determine the best purpose for Mencap Môn members which includes developing their own holiday let accommodation for people with learning disabilities, creating facilities and employment opportunities, along with other considerations.

## Impact on Participants / Serving the Wider Community:

- The vast programmes have provided new experiences and opportunities for social interaction, making new friends locally and regionally
- Providing safe and inclusive environments, developing employment skills and achieving new goals
- Dancing and a wide range of sports have greatly improved balance, posture and mobility through exercise and movement
- Reduction in anxiety and increased confidence for their members
- Croquet, Ffiws and Sewing are also open to non-disabled people, especially people in isolation, who have been welcomed at the hub, providing a valuable outlet in the area

Marcus Politis, DSWs Regional Partnership Senior Officer for North Wales added *“The outstanding work of Mencap Môn has led to Dot Gallagher winning DSWs Lifetime Achievement Award and this year Mencap Môn are shortlisted for the prestigious Social Care Wales Awards in Cardiff on 2<sup>nd</sup> July 2026. I would like to wish them the very best and say a huge thanks for their undying commitment for people with learning disabilities in Ynys Môn and North Wales”*.

Helen Williams, their Person-Centred Planner added *“We are committed to helping people become independent, to use public transport, learn skills, meet friends, gain employment and reach any goals and dreams they have in life”*.

Jackie Lewis, Development Officer for Mencap Môn said *“There’s a perception that people with a learning disability and autism lack skills. Given this one of our aims is to provide programmes to provide opportunities for them to live a better life, break down the perceived barriers and make Ynys Môn the best place for people with learning disabilities to live”*

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