



Ymunwch â Bwrdd Ieuenctid Cenedlaethol Chwaraeon Anabledd Cymru

Read this document in English

Mae'r Bwrdd Ieuencid Cenedlaethol wrth galon Chwaraeon Anabledd Cymru (ChAC). Fel rhan o'r Bwrdd Ieuencid Cenedlaethol byddwch yn cynrychioli llais yr holl bobl ifanc sydd â nam ledled Cymru ac yn helpu ChAC i wella'r gwaith rydym yn ceisio ei wneud i gyflawni cenhadaeth ChAC o ddylanwadu, cynnwys, ysbrydoli, insport.

Rydym yn chwilio am bobl ifanc rhwng 16 a 24 oed, gyda neu heb anabledd, i ymuno â'n Bwrdd Ieuencid presennol, arloesol a blaengar. Os ydych chi'n teimlo'n angerddol am chwaraeon cynhwysol ac eisiau cael eich grymuso i greu Cymru gynhwysol o ran darpariaeth chwaraeon, lle gall pawb gael mwynhad am oes o chwaraeon, byddem wrth ein bodd yn clywed gennych chi!

Mae gan y Bwrdd Ieuencid **BEDWAR (4)** prif faes cyfrifoldeb:

- 1. Cynrychioli** – Barn plant a phobl ifanc sydd â nam o bob cymuned.
- 2. Cyngori** – Herio cyfeiriad ein gwaith yn briodol i nodi blaenoriaethau a mynd i'r afael â heriau sy'n atal ffyrdd actif o fyw i'r rhai sydd â nam.
- 3. Cyfathrebu** – Tynnu sylw, drwy fformatau hygyrch, at waith ChAC ar y cyfryngau a chyfryngau cymdeithasol ac mewn cynadleddau a digwyddiadau ac ati.
- 4. Cyflawni uchelgeisiau a gwerthoedd** ChAC drwy wirio a herio ein partneriaid a'r sector ehangach.

Am fwy o fanylion, neu becyn ymgeisio, cysylltwch â:

James Ledger, Cydlynnydd Bwrdd Ieuencid Cenedlaethol ChAC:

✉ E-bost: james.ledger@disabilitysportwales.com

☎ Testun / Ffôn: **07557 554 272**

Neu fel dewis arall **Bronnie Griffiths, Cadeirydd Bwrdd Ieuencid Cenedlaethol ChAC:**

✉ E-bost: bronnie.griffiths@disabilitysportwales.com

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➡ Gwefan: www.disabilitysportwales.com/youth-forum



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Join our Disability Sport Wales National Youth Board

Darllenwch y ddogfen hon yn Gymraeg

The National Youth Board is at the heart of the Disability Sport Wales (DSW). As part of the National Youth Board you will represent the voice of all young people with an impairment across Wales and help DSW enhance the work that we strive to achieve the DSW mission of influence, include, inspire, insport.

We are looking for young people aged between 16 – 24, with or without a disability, to join our current, innovative and forward-thinking Youth Board. If you are passionate about inclusive sport and want to be empowered to create an inclusive sporting Wales where everyone can have a lifelong enjoyment of sport, we would love to hear from you!

The Youth Board has **FOUR (4)** main areas of responsibility:

- 1. Represent** – The views of children & young people with an impairment from all communities.
- 2. Advise** – Appropriately challenge the direction of our work to identify, priorities and address challenges preventing active lifestyles for those with an impairment.
- 3. Communication** – Highlight, through accessible formats, the work of DSW through the media, social media, conferences, and events etc.
- 4. Deliver the ambitions and values** of DSW by checking and challenging our partners and the wider sector.

For more details, or an application pack please contact:

James Ledger, DSW National Youth Board Co-Ordinator:

✉ E-mail: james.ledger@disabilitysportwales.com

☎ Text / Telephone: **07557 554 272**

Or alternatively **Bronnie Griffiths, DSW National Youth Board Chair:**

✉ E-mail: bronnie.griffiths@disabilitysportwales.com

☎ Text / Telephone: **07449 646 253**

🖱 Website: www.disabilitysportwales.com/youth-forum



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