



Wheelchair Basketball

3x3 National Teams

3x3 Wheelchair Basketball will make its Commonwealth Games debut at Birmingham 2022.

The 3x3 format of the game is played on a reduced sized court and is a faster and more dynamic version of the game.

An exciting opportunity now exists as the Wales Wheelchair Basketball Association in partnership with Disability Sport Wales are looking to identify and recruit players for both the Men's and Women's squads!

To enable you to compete for Wales, you must have a classifiable impairment and meet one of the following criteria:

- ▶ Be born in Wales.
- ▶ Have resided in Wales for over 5yrs.
- ▶ Have one parent or grandparent born in Wales.

Please get in touch with either coaches for further information and to register interest:

Men's Head Coach
Caroline Matthews
coachcarolinematthews@gmail.com

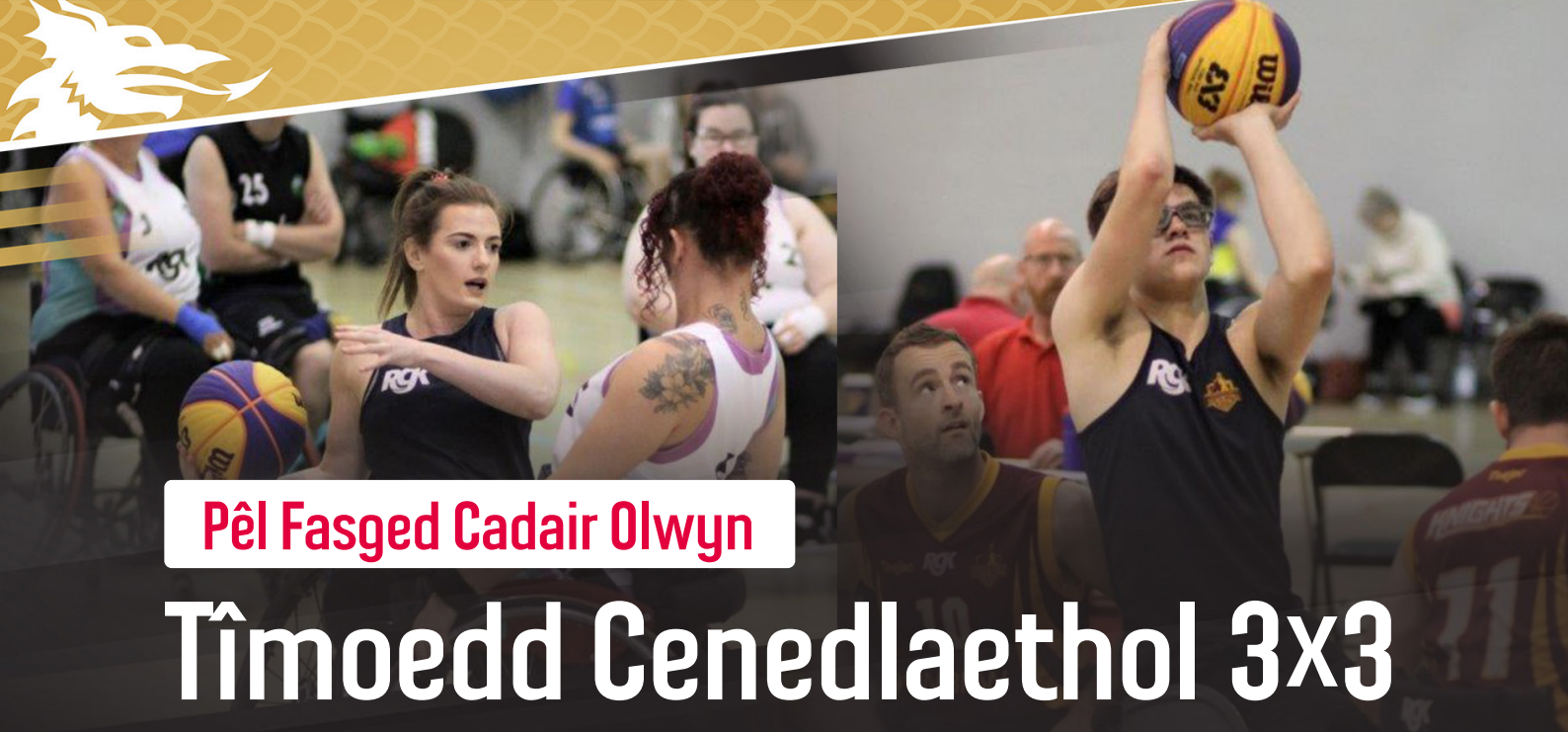
Women's Head Coach
Mike Hayes
mikewwba@gmail.com



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Pêl Fasged Cadair Olwyn

Tîmoedd Cenedlaethol 3x3

Bydd Pêl-Fasged Cadair Olwyn 3x3 yn gwneud ei ymddangosiad Gemau'r Gymanwlad gyntaf ym Birmingham 2022.

Mae'r fformat 3x3 yn cael ei chwarae ar gwrth llai o faint ac mae'n fersiwn cyflymach a mwy deinamig o'r gêm.

Mae cyfle cyffrous yn bodoli gan fod Cymdeithas Pêl-fasged Cadair Olwyn Cymru mewn partneriaeth â Chwaraeon Anabledd Cymru yn edrych i adnabod a recriwtio chwaraewyr ar gyfer tîmoedd Dynion a'r Menywod!

I'ch galluogi i gystadlu dros Gymru, rhaid i chi gael anabledd ac un o'r canlynol:

- ▶ Cael eich geni yng Nghymru.
- ▶ Wedi byw yng Nghymru dros 5 mlynedd
- ▶ Cael rhiant neu nain/ taid wedi'i eni yng Nghymru.

Cysylltwch â'r hyfforddwr isod i gael rhagor o wybodaeth ac i gofrestru diddordeb:

Prif Hyfforddwr Dynion
Caroline Matthews
coachcarolinematthews@gmail.com

Prif Hyfforddwr Menywod
Mike Hayes
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